

Changes to clinical practice

I have made several changes to my clinical practice in order to meet the new guidance from my professional body, the College of Podiatry, and my registration body, the Health and Care Professions Council (HCPC)

For Clinic Appointments

Changes for me include

- Changing into and out of, my uniform at work – health care staff should never wear uniform to and from work
- Washing uniform as soon as I get home at 60°
- Wash hands before and after treatment – always wear PPE including gloves, mask and apron plus eye protection.
- Change the layout of the clinical room to better increase distancing
- Increase treatment times to allow for these changes and to avoid clients having to meet each other in the waiting areas.

I will continue to

- Clean areas of high contact (the chair, door handles etc) with appropriate surface wipes before and after treatment
- Clean treatment areas and use a new pack of sterilised tools per client
- During lunch and evening breaks, steam clean surfaces using cleaning fluids and wiping dry and mopping the floor
- Remove all non-clinical items from the clinic room
- Provide hand sanitiser stations

There are hand washing facilities in the cloak room but not in my clinic room for clients to use.

I expect clients to

- Attend appointments promptly
- If you have to wait, do so somewhere you are distance from other people
- Use hand sanitiser before entering our premises and on leaving. Please bring your own hand sanitiser!

Please note: there will be no foot baths with treatments until further notice. Cosmetic work such as nail reconstruction is also suspended until further notice

Routine chiropody appointments are now every 40 minutes to allow for these changes

The fee for routine chiropody appointments has increased from £32 to £33.

Please pay by contactless where possible. *(The new limit for contactless payments is £45 so all fees should be payable by contactless)*

For Home visits I will

- Use appropriate PPE which will be put on before I enter your home (where possible – if raining then I will change in your porch/hallway) and removed after leaving
- All PPE is disposed of by me in a clinical waste bag kept in a secure box in the boot of my car.
- Use hand sanitiser, kept in my car, and surface wipes for the interior of my car after each visit
- Please limit the number of people I come into contact within your home
- Clinical notes are updated in my car and not in your home to limit the time I spend with you